

# **Workshop Preparation**

# Create supportive environments for women with protected characteristics to speak about prejudice

Don't replicate oppressive or discriminating structures that exacerbate prejudice

- Learn about systems of oppression and how they silence people with protected characteristics
- Find out about the action people with protected characteristics and communities of identity have historically taken and methods they use to challenge and change those systems (Disability Movement, LGBT Communities, Feminism and Women's Rights, Black Civil Rights)
- · Be open to learning about experiences outside of your own

### **Workshop Aim**

The aim of this workshop is to support women speak about their experiences of targetted hostility and to produce art and creative activism to challenge it.

Arts for social justice, encompasses a wide range of visual and performing art that aim to raise critical consciousness, build community, and motivate individuals to promote social change.

## **Workshop Introduction & Ground-rules**

- Welcome women and introduce self and volunteer
- Explain project background and why we are inviting women to join us to talk about this issue
- Explain that some people may wish to share sensitive and upsetting personal experiences during this session, that this may be the first time people have spoken about incidents that are difficult and emotional. Ask that we all agree to listen to each other with respect and patience.
- If any one becomes upset they are welcome to leave the room and return when they are ready. If they would like to speak with a worker privately at any time they can request this.
- Explain that GWL is a 3<sup>rd</sup> Party Reporting Centre for hate crime, there is no expectation or pressure on anyone to report but we are able to support people to do this.



# In Her Shoes Creative Activism Workshop 2

The intention of this work is to share your experiences to increase the audience's empathy for people who are experiencing discrimination and prejudice and encourage them to be active witnesses and do something about similar discriminating situations in the future.

After seeing your work we will ask the audience to consider:

- 1. How did the person feel?
- 2. What is offensive or discriminating in this situation?
- 3. How could you have helped?

#### **Activity 1:**

This artwork is inspired by Myths of Rape by Leslie Lebowitz Starus <a href="https://vimeo.com/50508200">https://vimeo.com/50508200</a> (2012 Version by Audrey Chan and Elana Mann, was a reinterpretation) and Three Weeks in May by Suzanne Lacey. Show examples, images and video.

#### **Activity 2:**

Decide on a statement that explains your experience of prejudice, harassment, hate crime or the barriers to you reporting.

#### **Creating your statement:**

- When and where it happened, what was the circumstance
- What was said or done
- How you felt and thought
- How you responded
- What others/witnesses did or failed to do
- How this incident affect you, in terms of both short-term and long-term effects.

#### **Activity 3:**

Stick (letters) or write statements onto umbrellas or placard

#### **Activity 4: Evaluation Form**